

CLINICAL ARTICLE

The Influence of Abutment Selection in the Tridimensional Implant Position: Considerations for Predictable Implant Restorative Long-Term Outcomes

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ABSTRACT

Objective: To explore the influence of abutment selection on 3D implant positioning, emphasizing the synergy between surgical and prosthetic considerations for achieving predictable long-term outcomes in implant-supported restorations.

Main Considerations: Implant dentistry has transitioned from a purely surgical approach to a prosthetically driven methodology that prioritizes implant-supported restoration (ISR). This shift has been bolstered by advancements in digital technologies and abutment designs, which allow for more precise implant positioning and better management of biological, mechanical, and esthetic outcomes. The selection of appropriate abutments plays a pivotal role in optimizing the 3D implant position, influencing peri-implant tissue stability and the overall success of the restoration. This manuscript explores into the biorestorative concept, highlighting how virtual planning can preemptively assess abutment configurations and their interactions with surrounding tissues, guiding implant placement to achieve desired results.

Clinical Significance: The integration of digital planning and strategic abutment selection prior to implant placement ensures optimal 3D implant positioning respecting fundamental biological and prosthetic parameters. This approach minimizes complications, improves long-term tissue stability, and enhances patient outcomes by aligning surgical procedures with the specific prosthetic needs.

1 | Introduction

Implant dentistry has undergone significant advancements since its inception. In its early stages, implant placement was primarily driven by surgical factors, with implant positioning based on available bone rather than considering the long-term restoration [1]. This approach often led to biological, mechanical, and esthetic complications [2–4]. Over time, clinicians recognized the necessity of a three-dimensional (3D) implant

positioning approach, focusing on the future restoration's analyzing specific biomechanical and esthetic demands [5–7]. This shift introduced the concept of prosthetically driven implant placement, which has been considered the standard of care in implant planning for decades [8].

A prosthetically driven approach ensures that implant placement aligns with the ISR, either through native bone anchorage or the use of reconstructive techniques to optimize the

mechanical behavior between the implant and the restoration. The mentioned approach provides the framework for choosing between screw-retained and cement-retained restorations where new abutment designs favor screw-retained options due to their retrievability and avoidance of cementation-related complications [9–13].

In recent years, attention has focused on different implant connections, prosthetic materials, and abutment configurations, highlighting their collective impact on peri-implant tissue stability [14–16]. It is now widely acknowledged that these components cannot be considered in isolation, as their interaction plays a critical role in determining biological responses.

The advent of implant planning software has further refined this approach, enabling clinicians to virtually simulate implant treatments, considering each component and its interaction within a digital environment [6, 17, 18]. The use of digital technology enhances the ability to gather and analyze critical information, leading to more adequate implant positioning regarding the tissue's biological response [19, 20].

The recent introduction of the biorestorative concept for implant-supported restorations further illustrates the importance of digital technology in analyzing the interaction between components and their influence on long-term peri-implant tissue response [6]. This approach not only elaborates on proper implant 3D positioning but also emphasizes the critical role of the proper abutment design, implant macrodesign, supracrestal tissue height (STH), supra platform tissue height (SPTH), and how these concepts interact in determining the precise placement to ensure stable biological outcomes

[21, 22]. Therefore, this concept and rationale could be considered the standard of care in implant treatment planning nowadays.

This article describes in detail the mentioned concepts, explores the crucial role of digital abutment selection prior to implant placement, and discusses its influences on 3D implant positioning from a surgical perspective.

2 | Concepts and Description

To fully grasp the significance of abutment selection and its impact on implant-supported therapy, several critical concepts must be explored:

2.1 | Implant Macrodesign: Tissue-Level and Bone-Level Implants

Tissue-level (TL) implants were designed to maintain the interface between the implant connection and the prosthetic components at a distance from the bone margin, ensuring long-term crestal bone stability [23]. The machined coronal collar of TL implants forms a robust and stable seal with the surrounding soft tissues [24, 25]. However, due to the transmucosal collar occupying part of the STH, correcting angulation prosthetically can be challenging [26, 27]. This design necessitates a precise three-dimensional placement to avoid functional and esthetic complications, making it technique-sensitive, particularly in demanding cases in the esthetic area [24, 28]. As a result, bone-level (BL) implants are more commonly used in the esthetic

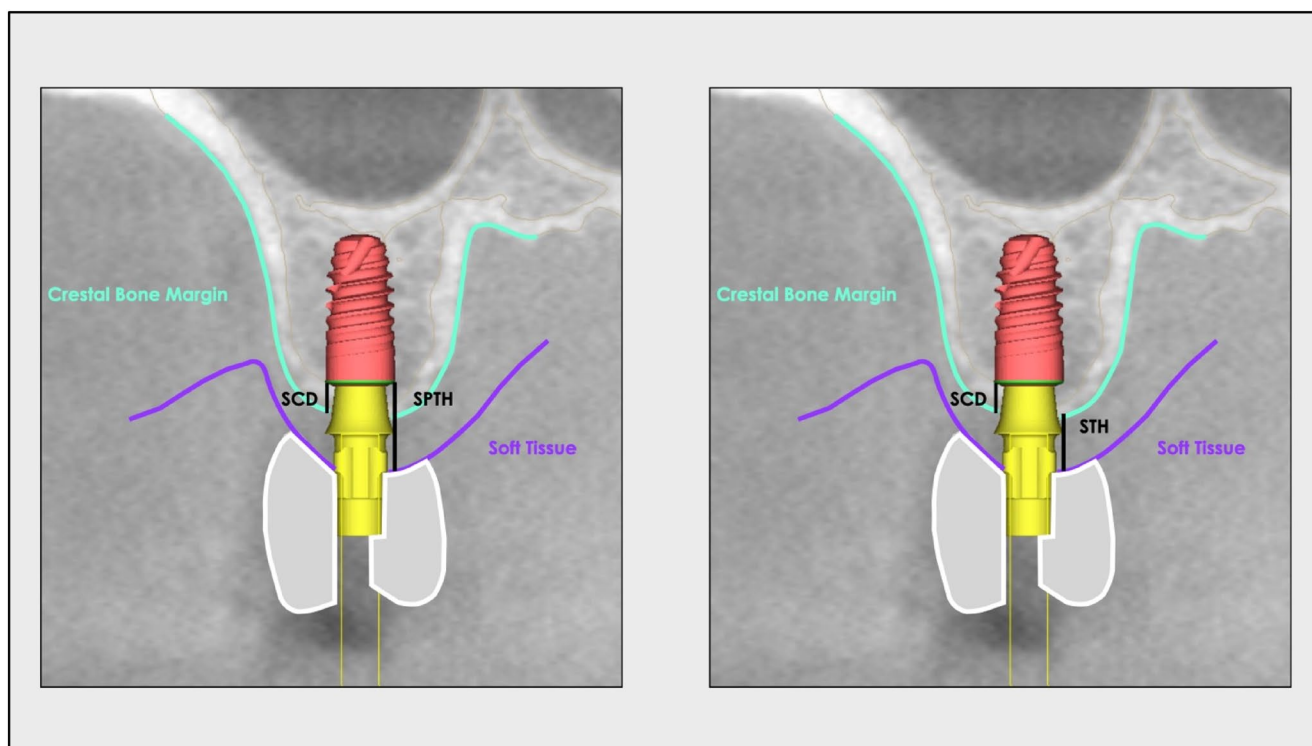


FIGURE 1 | Digital planning for implant placement in a molar site with the same digital tooth arrangement, abutment, and implant. SPTH considers the distance between the implant platform and mucosal margin of the future restoration ($SPTH = SCD + STH$).

zone, despite successful long-term esthetic outcomes reported with TL implants in this region [29, 30].

BL implants—originally designed for placement at the crestal BL—encountered issues with bone remodeling due to the gap between the implant platform and the prosthetic abutment [31, 32], especially in implants with matching connections [16]. It was demonstrated that BL implants in function need a minimum of 3 mm of vertical soft tissue height (STH) to be properly sealed within the oral cavity. Failure to provide this seal leads to a compensation mechanism by the organism to accommodate the required STH, resulting in bone remodeling which can potentially lead to biological and esthetic complications [33–36]. However, the development of nonmatching implant connections marked another evolution of the BL implant concept [37]. By positioning the restorative component inside the implant platform, the inflammatory process associated with the implant-abutment junction was shifted horizontally toward the center of the implant, reducing the saucerization process [38, 39].

With the advent of conometric connections, which offer more stable implant-abutment junctions, smaller microgaps, and often larger platform-switching distances, early crestal bone remodeling has been less frequently observed [14, 40–42]. As a result, implants with conometric connections and narrower horizontal offsets relative to the abutment are typically placed subcrestally [43, 44].

Although various guidelines have been proposed to determine the depth of the implant platform position, there is not enough scientific support for this standardization, and therefore, it could

not be recommended. Instead, implant positioning should be personalized based on a range of factors, including restorative planning, abutment configuration, abutment height, soft tissue phenotype, STH, and the implant placement protocol.

Modern BL implants featuring conometric connections and platform-switching designs challenge the traditional notion of “BL” implants. This conceptual contradiction suggests that the term “subcrestal-level implants” maybe more appropriate for these designs. This shift in terminology has led to the introduction of a new concept—the SPTH—which provides a more accurate description of the relationship between prosthetic components, implant positioning, and the surrounding peri-implant tissues when utilizing more contemporary implant designs.

2.2 | Supracrestal Tissue Height

STH that was initially described by Avila-Ortiz, Gonzalez-Martin O and cols. in 2020 defines the vertical dimension of the soft tissue from the crestal bone to the mucosal margin [6, 33, 45]. It is regarded as a static concept since its measurement is determined by the anatomical characteristics of the region where the implant is placed and restored. This concept encompasses the sulcular epithelium, the junctional epithelium, and the supracrestal connective tissue, which typically does not adhere directly to the abutment surface [31]. Several prospective clinical trials as well as systematic reviews have consistently shown that an STH of less than 3 mm is inadequate, as such cases are often associated with marginal bone loss, which occurs to establish an adequate biologic seal and sufficient soft tissue [16, 33, 46, 47].

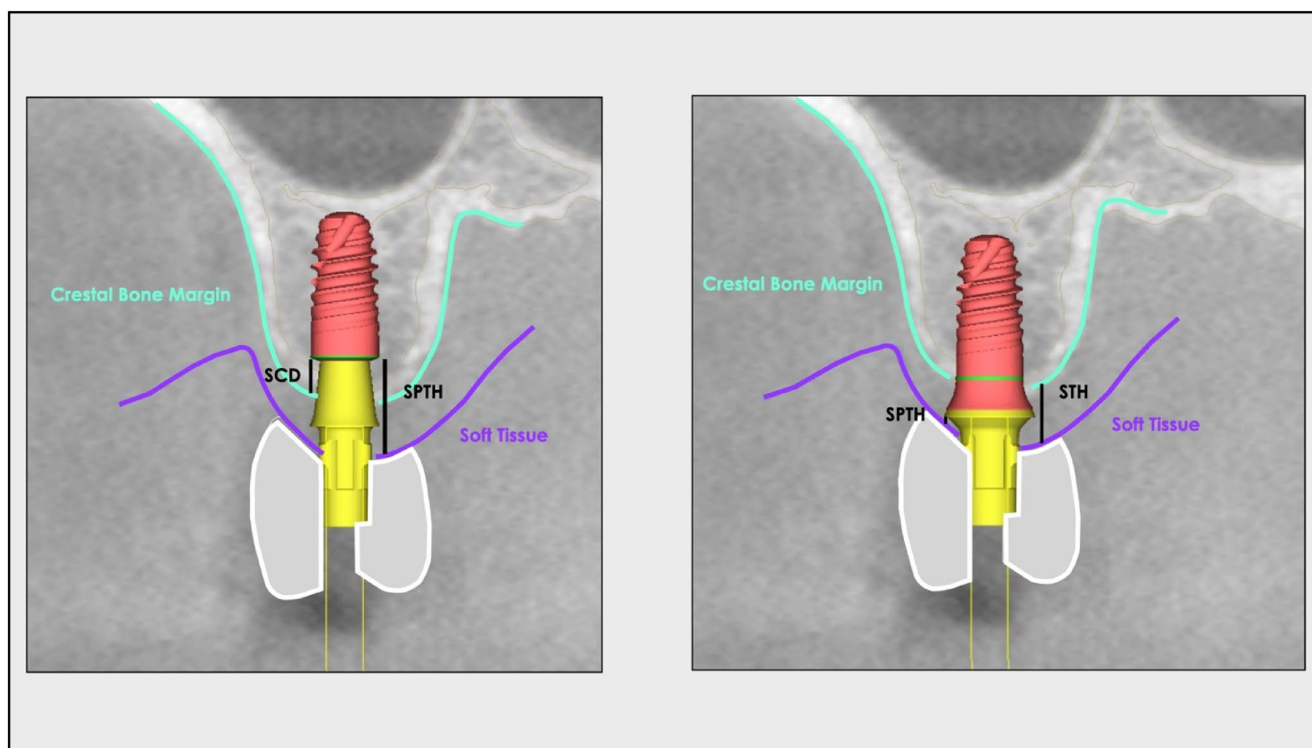


FIGURE 2 | Digital planning for implant placement in a molar site with the same digital tooth arrangement. Comparison between a BL implant placed subcrestally and a TL implant. Note how the STH remains the same in both situations, but the SPTH is almost inexistent in the TL implant situation.

2.3 | Supra Platform Tissue Height

Unlike STH, the SPTH is a dynamic concept, which is defined by the distance above the implant platform which is determined by a combination of anatomical factors and clinical decisions. The SPTH considers not only the supracrestal tissue but also the subcrestal distance (SCD) between the marginal bone and the implant platform. This distance varies depending on the 3D position of the implant, especially its platform. SPTH is directly influenced by the prosthetic plan, implant macrodesign, abutment design and length, platform position, and the site's anatomical characteristics.

The configuration of the SPTH should support an ideal prosthetic design, ensuring that the abutment shoulder is positioned at a sufficiently distance from the crestal bone to avoid bone early bone remodeling while being submucosal enough to allow for an appropriate emergence profile with an adequate angle for the future restoration [48–51]. As was mentioned, SPTH is influenced by implant design; with BL implants, a positive SPTH value is maintained, whereas with TL implants, the SPTH may significantly decrease or even become negative if the implant platform lies coronal to the mucosal margin (Figures 1 and 2).

2.4 | Abutments

Prosthetic abutments serve as the critical link between the implant and the restoration. While typically considered part of the prosthetic assembly, for the purpose of this discussion, they will be treated as a distinct unit. Over time, various abutment designs have been introduced, yet they generally share a common architecture. This includes an engagement feature that interface

directly with the implant connection, an intermediate section that extends from the top of the connection to the prosthetic shoulder, a retentive feature—where the superstructure is layered, cemented, or bonded—and the prosthetic screw.

In recent years, with the introduction of titanium bases (Ti-Bases), the intermediate phase of the abutment has gained considerable attention, particularly due to its height, shape, and emergence angle, being demonstrated to impact the surrounding tissues [21, 22, 52]. This segment of the abutment is commonly referred to as the “transmucosal phase,” and its dimension is often described as the “gingival height.” (Figures 3 and 4).

However, much like the considerations surrounding implant platform positioning, this terminology may also be conceptually misleading, as portions of the abutment surface can be located subcrestally and surrounded by bone or dense connective tissue. The height and design of this feature are crucial for precisely determining the implant's position, preventing unwanted bone remodeling, and ensuring a biologically and aesthetically acceptable emergence profile for ISR. Therefore, a new term could also be proposed to name this phase of the abutment since “transmucosal” or “gingival height” felt short in describing the position this feature might have subcrestally. The present article suggests using the term “biological height” (BH) since it encompasses the SCD and the transmucosal area related to this abutment's subcomponent.

The retentive feature height of the abutment also plays a role in the abutment's selection since it will be related to the inter-occlusal space, the selected restorative material and its bonding protocol. Therefore, its height can also influence the abutment position and thus future implant location.

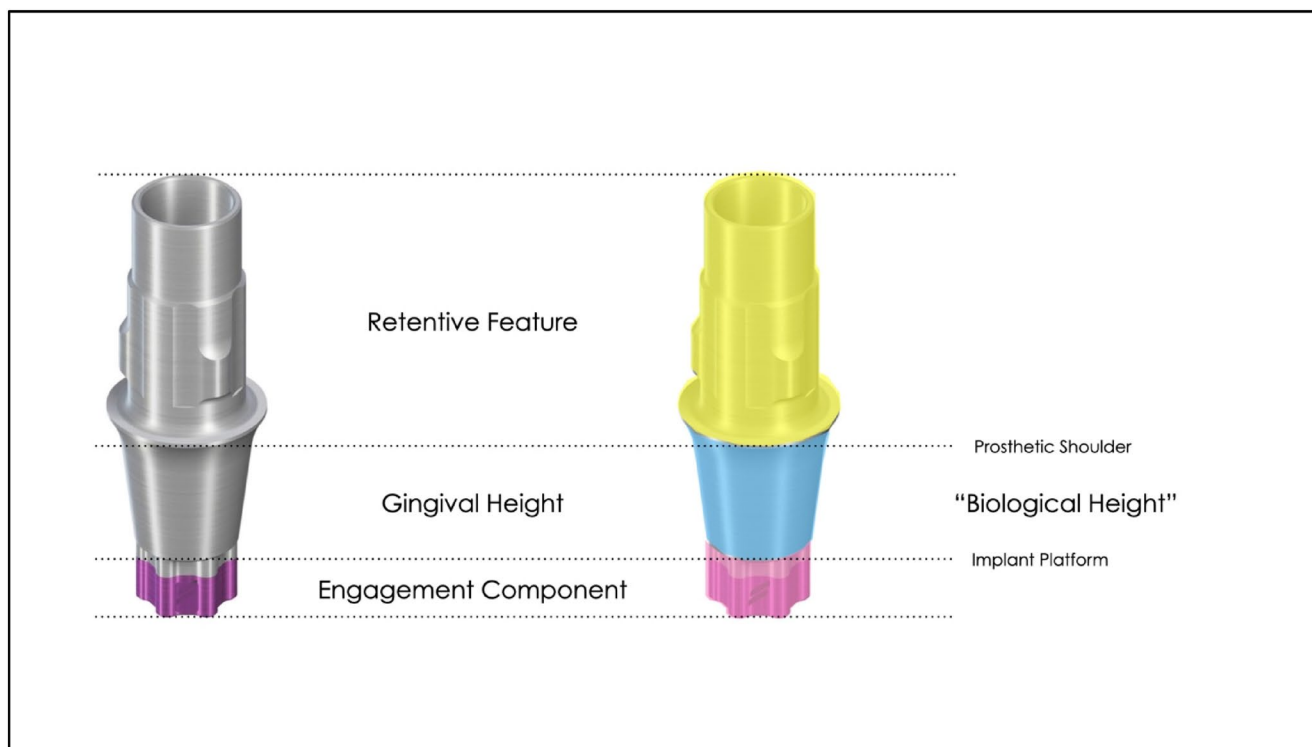


FIGURE 3 | Prosthetic abutment macrodesign (Ti-Base).

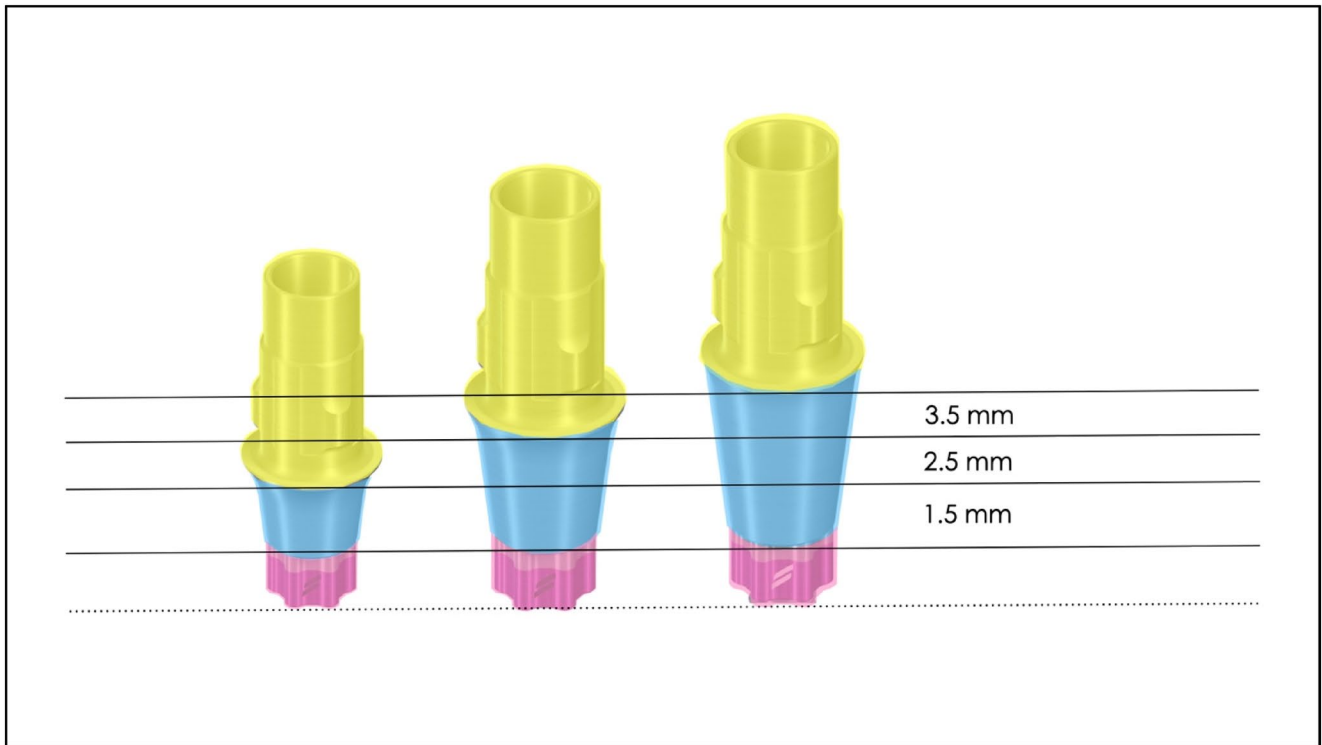


FIGURE 4 | Prosthetic abutments (Ti-Base) macrodesign in different “gingival heights”.

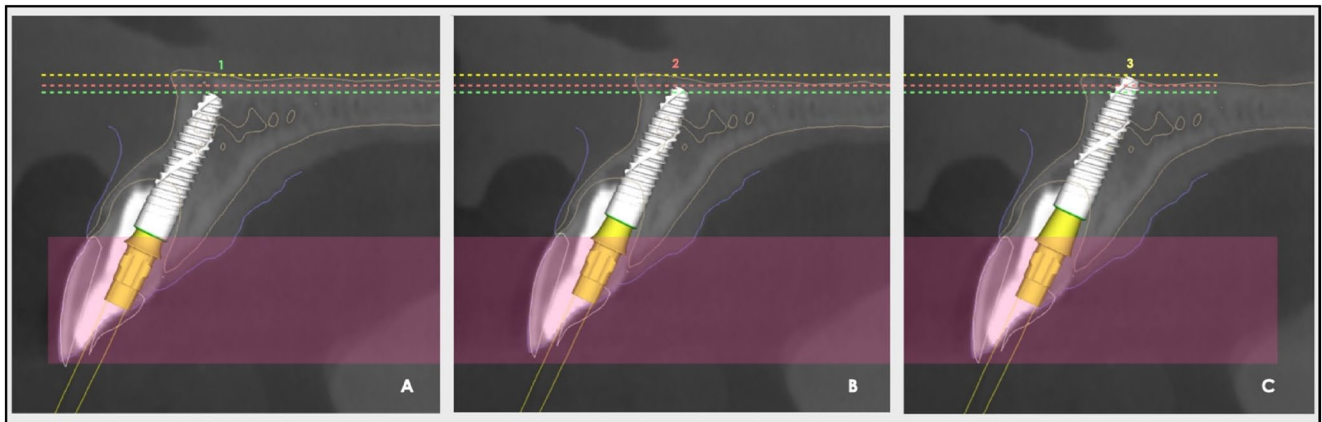


FIGURE 5 | Digital planning for immediate implant placement in the esthetic zone with the same digital tooth arrangement. Different abutment designs were positioned to respect the anatomy of the surgical site and the prosthetic space for an appropriate emergence profile. In Figure 1. 1.5 mm GH abutment was selected. In Figure 2. 2.5 GH abutment was selected. In Figure 3. 3.5 GH abutment was selected. Note how the implant position is modified depending on different abutment configurations. In Figure 3. the length of the implant is questionable, and a shorter one could be selected.

In recent years, the introduction of angulated screw channel (ASC) abutments with hexalobular screw heads have enabled clinicians to perform screw-retained restorations even when implants are placed in non-screw-retained restorative position, as long as the angulation correction needed is within 25°–30° [61]. This situation is particularly common in immediate implant placement within the esthetic zone due to the buccal positioning of roots and the limited bone availability for stable implant engagement following tooth extraction. ASC abutments take advantage of the mechanical properties of their specific screw design, allowing for angled screwdriver insertion and tightening under these circumstances. However, due to mechanical constraints in their current design, these abutments typically have a shorter vertical height (BH), which may contribute to increased

peri-implant bone remodeling. Future innovations are expected to address this limitation.

All the mentioned concepts and factors not only apply for Ti-Bases since the same principles can be applied to customized or stock abutments in general.

2.5 | Biorestorative Implant Planning

Biorestorative implant planning refers to the integration of digitally assisted diagnostic tools, treatment planning, and sequencing to optimize both the biological and restorative aspects of ISRs. By managing and analyzing all relevant data in a virtual environment,

clinicians can evaluate the interaction between prosthetic and surgical components with the anatomical characteristics of the surgical site. This approach enables precise planning of the most

advantageous biological, mechanical, functional, and esthetic relationships, which can then be transferred to the patient's mouth using computer-assisted implant surgery systems [6].

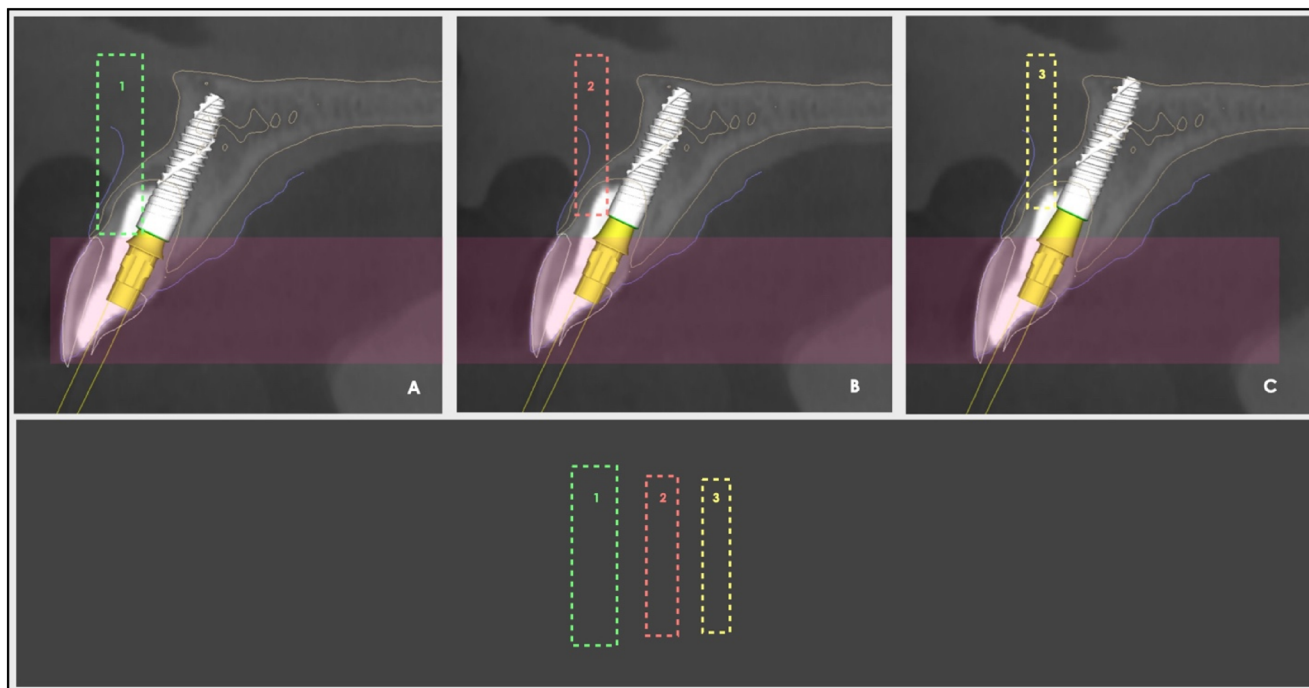


FIGURE 6 | Digital planning for immediate implant placement in the esthetic zone with the same digital tooth arrangement. Different abutment designs were positioned to respect the anatomy of the surgical site and the prosthetic space for an appropriate emergence profile. In Figure 1. 1.5 mm GH abutment was selected. In Figure 2. 2.5 GH abutment was selected. In Figure 3. 3.5 GH abutment was selected. In Figure 3. the length of the implant is questionable, and a shorter one could be selected. Note how the implant position is modified buccally palatal taking as reference the marginal bone of the buccal bone wall.

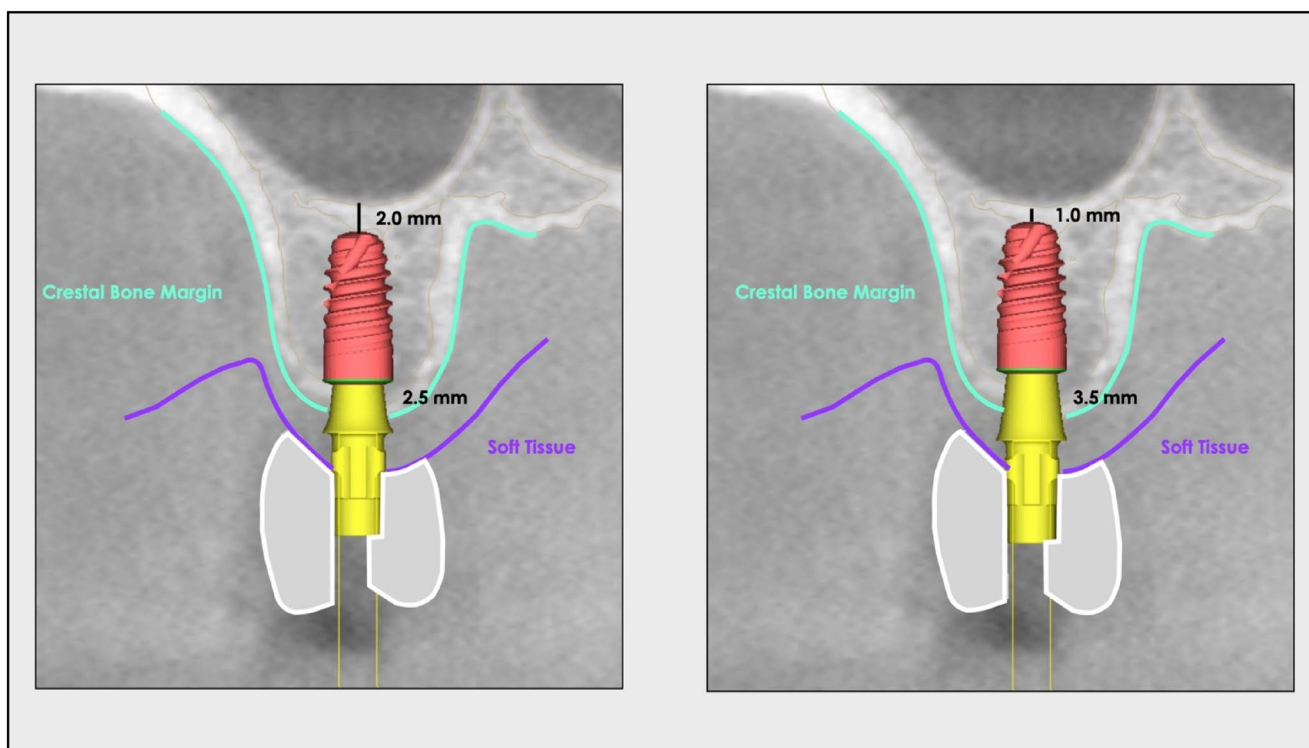


FIGURE 7 | Digital planning for implant placement in a molar site with the same digital tooth arrangement. Different abutment designs and positions to respect the anatomy of the surgical site and the prosthetic space for an appropriate emergence profile. Note how the implant position is modified apicocoronally.

Moreover, digital planning also allows for the consideration and analysis of different abutment designs during the planning phase, which directly influences the 3D positioning of the implant. This critical step, which cannot be adequately performed without digital tools, ensures that the optimal relationship between the implant, the abutment and surrounding tissues. Furthermore, the selection of the adequate restorative material can also be performed in this step since the required spaces for specific materials thickness can be easily analyzed. Thus, the selection of the prosthetic abutment should be strictly

determined during the digital planning phase, as its design and size will not only affect the final implant position but may also influence the choice of implant size and the surgical procedure itself (Figures 5–7).

In essence, the future restoration's position will dictate the tentative location of the implant to achieve the desired retention method, whether screw-retained or cement-retained. Once the implant's initial virtual position is determined, the digital abutment selection allows for detailed analysis of the 3D implant

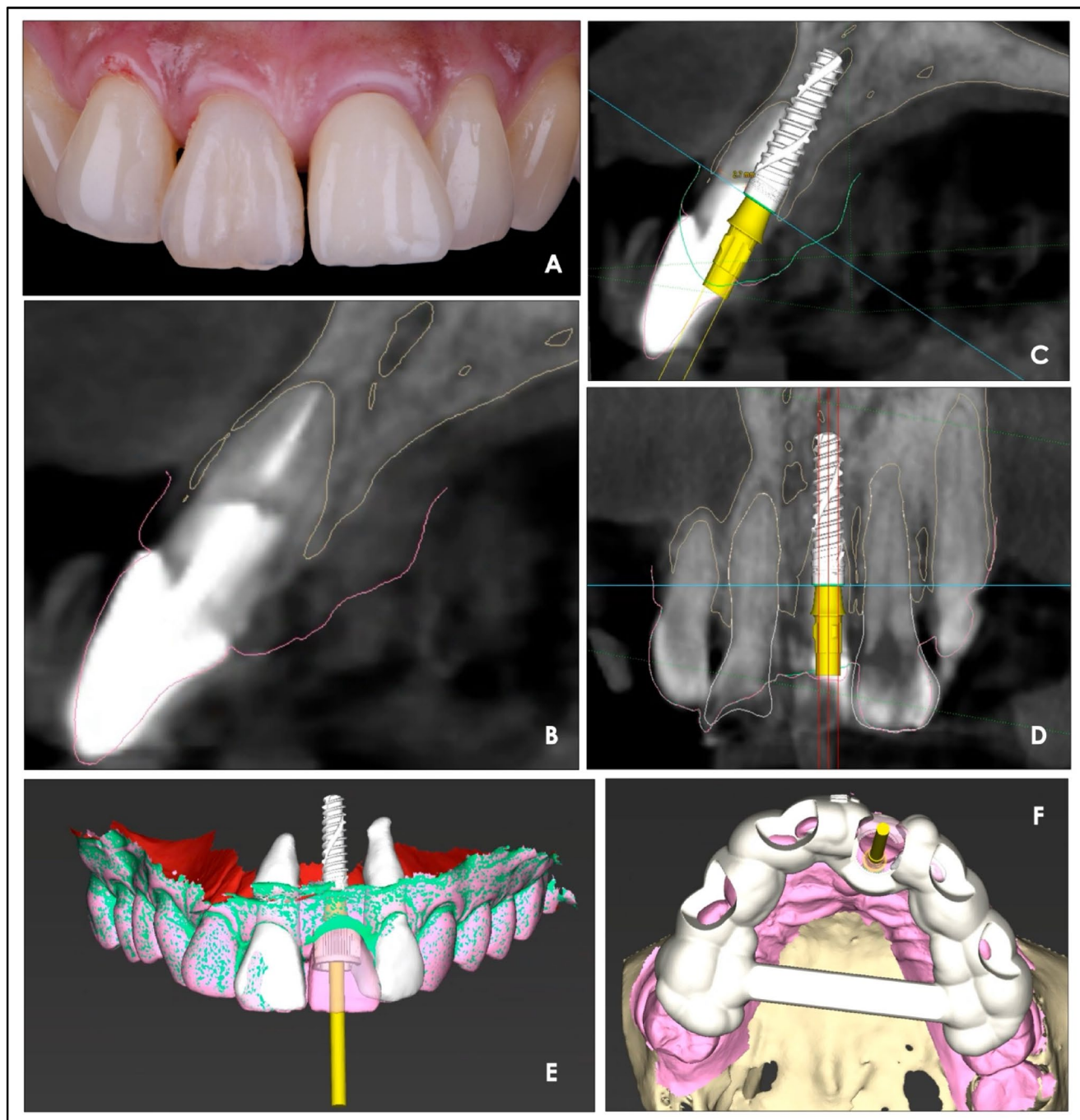


FIGURE 8 | Digital planning for immediate implant placement and immediate loading in tooth #2.1. (A) Initial situation (crown/root fracture) in tooth #2.1. (B) CBCT sagittal view of tooth #2.1. (C) Sagittal view of implant position and abutment selection based on the restorative proposal (biorestorative implant planning). (D) Sagittal view of implant position and abutment selection based on the restorative proposal (biorestorative implant planning). (E) 3D reconstruction view of the proposed biorestorative plan. (F) Occlusal view of the surgical guide design.

position, ensuring that all biological, functional, and esthetic principles are respected to achieve long-term, predictable outcomes. (Figures 8–11).

3 | Discussion

As previously discussed in the literature, the size, shape, design, and position of prosthetic abutments significantly influence the

stability of peri-implant tissues [21, 22, 52–56]. This is particularly evident when marginal bone remodeling occurs due to the use of abutments that apply compression to adjacent structures [57]. It has been established in preclinical and clinical trials that wide emergence, low-profile abutments located close to the implant platform may trigger an inflammatory response in surrounding tissues, leading to bone remodeling and subsequent complications, especially in patients with thin mucosal phenotypes [50, 51]. Therefore, slim abutments with a minimum

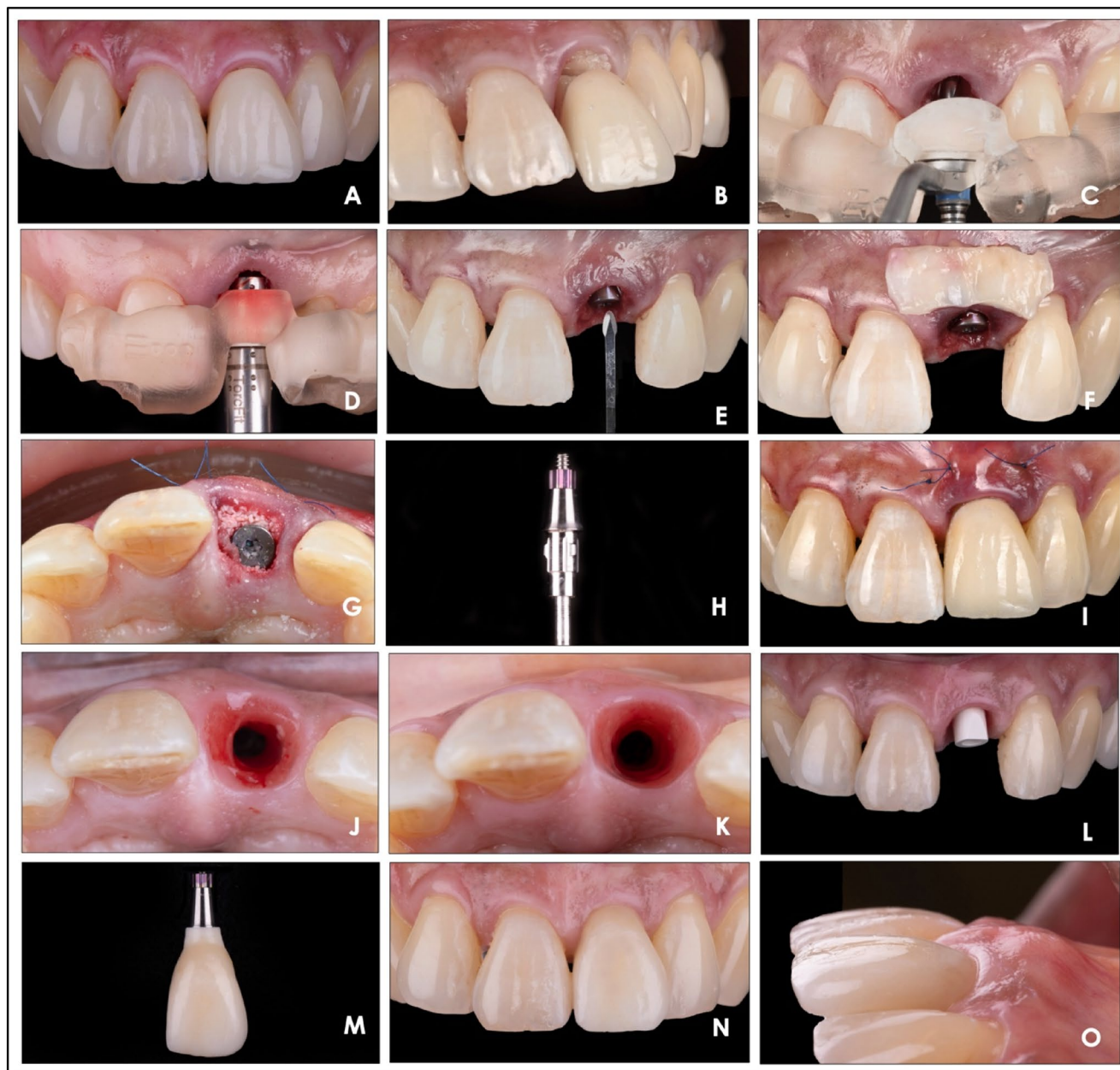


FIGURE 9 | Clinical sequence of immediate implant placement and immediate loading in tooth 2.1. (A) Initial situation (crown/root fracture). (B) Crown displacement. (C) Surgical procedure, S-CAIS. (D) Computer-guided implant placement. (E) Tunneling procedure for CTG placement. (F) CTG presented over the recipient site. (G) Occlusal view of the preselected healing abutment in position, the sutured CTG and DBBM filling the GAP. (H) Preselected 3.5 GH Ti-Base. (H) Provisional restoration in position. It was fabricated based on the extracted crown bonded to the preselected Ti-Base. (J) Occlusal view of the emergence profile 4 months after implant placement. (K) Occlusal view of the emergence profile after four 8 months after implant placement. Several provisional contouring procedures were performed during this time. (L) Scan body in position for IOS. (M) Monolithic zirconia restoration bonded over the preselected Ti-Base (same abutment configuration). (N) Delivery day of the implant-supported restoration. (O) 1-year follow-up.

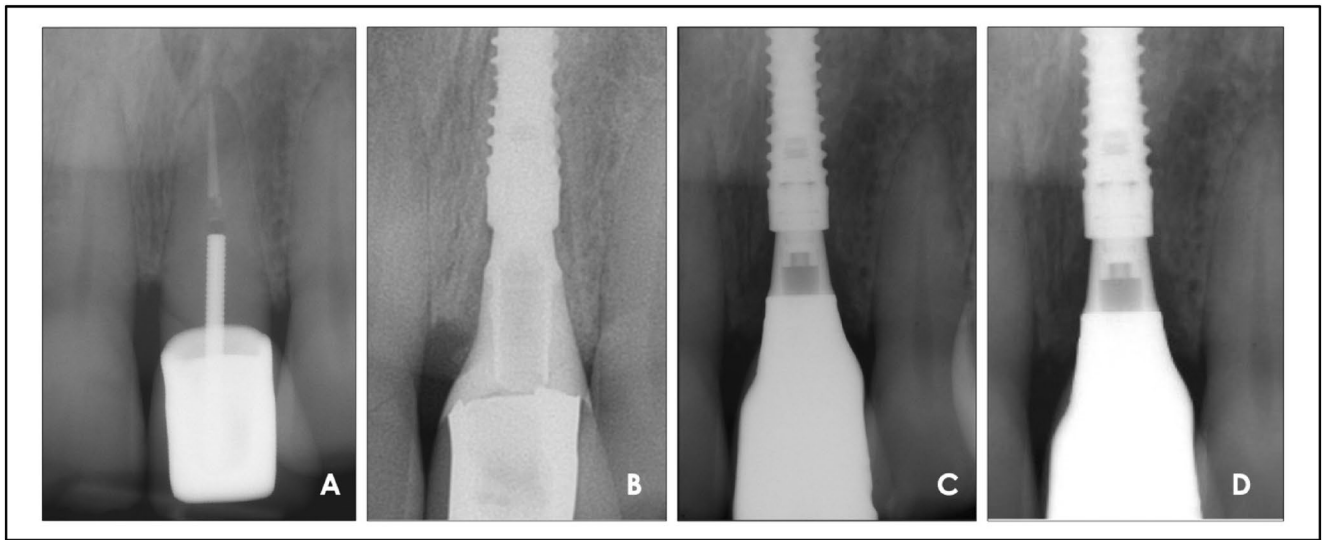


FIGURE 10 | Sequence of periapical x-rays. (A) Initial situation. (B) Immediate loading. (C) Definitive implant-supported crown installation. (D) 1-year Follow-up.

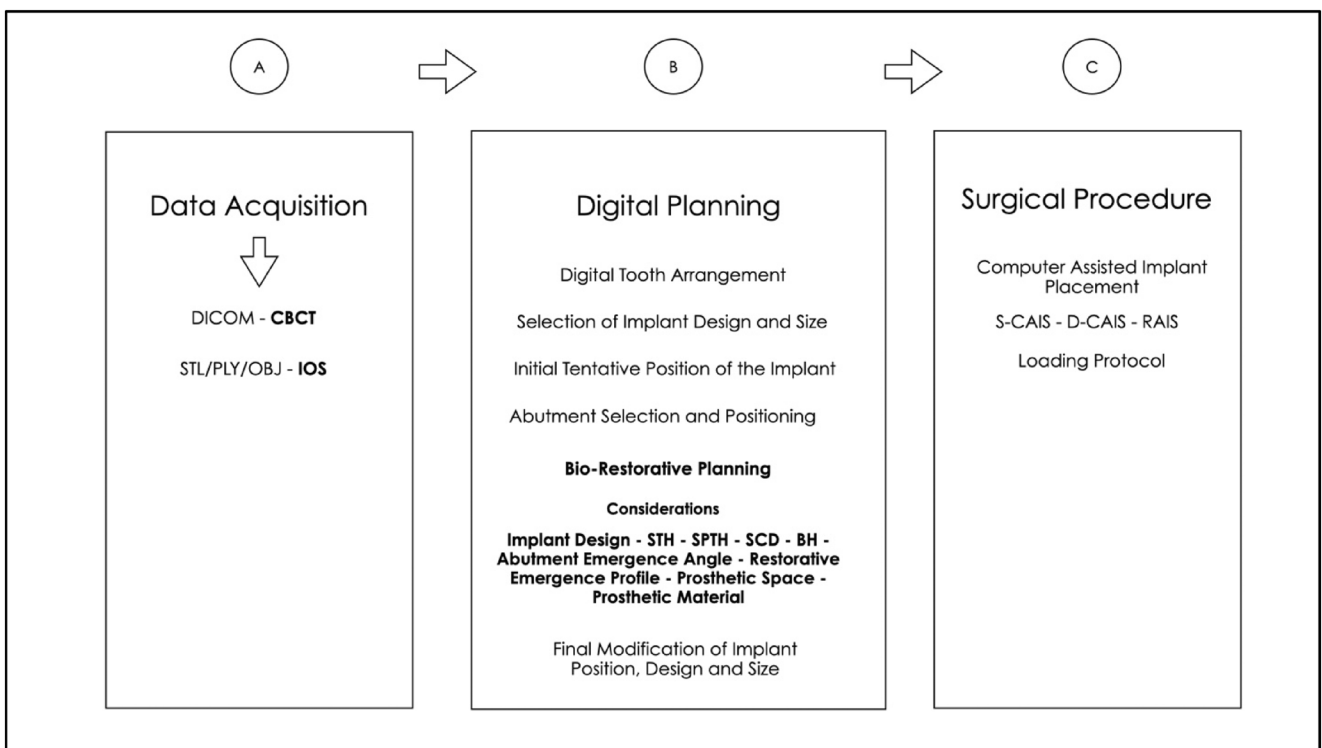


FIGURE 11 | Workflow of the digital implant-abutment planning process. (A) Data acquisition (files and method of obtention). (B) Planning sequence. Considerations for the selection of the abutment. (C) Surgical procedure alternatives.

height of 2 mm have been recommended over convex designs to prevent bone remodeling and allow space for tissue development and at the implant platform level [22, 52].

Furthermore, maintaining consistency in abutment design and height from the healing abutment to the definitive restoration is crucial. This continuity ensures that peri-implant tissues at the abutment level remain undisturbed, reducing the risk of complications caused by the repeated connection and disconnection of components with differing designs and sizes during the restorative process [50, 58].

The introduction of titanium base abutments (TBAs) has added flexibility to the implant restorative process at a lower cost compared to customized abutments. Their versatility allows for the selection of various sizes and designs, combined with different prosthetic materials, to accommodate multiple implant scenarios. However, TBAs are not universally indicated. As highlighted in the 2023 ITI Consensus Conference, customized abutments remain the gold standard for many clinical situations [59]. Ti-Bases also have predefined “transmucosal” sizes, requiring careful selection to ensure the prosthetic shoulder is positioned away from the crestal bone to prevent bone remodeling

while also being submucosal enough to support an ideal emergence profile.

The choice of abutment directly affects 3D implant positioning, a consideration closely tied to the anatomical factors of the clinical site, such as mucosal phenotype. A thick mucosal phenotype serves as a protective factor for peri-implant tissue stability, whereas a thin phenotype can contribute to bone remodeling [33]. Techniques to thicken the mucosal phenotype or increase the distance between the implant platform and mucosal margin at the restoration level have been described, with subcrestal implant placement emerging as a valid option for avoiding bone remodeling in thin phenotypes [43, 60]. The digital planning allows to analyze presurgically the mucosal thickness and therefore the need to increase it horizontally with a CTG or other mucosal substitute, most of all in immediate implant cases [49, 52].

As described, the digital tooth arrangement serves as an initial guide for implant positioning, but the digital simulation of the interaction between the restoration, abutment, implant, and site anatomy ultimately defines the precise 3D implant position [19]. This interaction directly impacts the surgical protocol, underscoring the need for abutment selection during surgical implant planning [21].

When multiple implants are restored with splinted structures, the same principles can be applied. In fact, the selection of multiunit abutments configuration for screw-retained splinted restorations should also be performed during the digital planning phase since its size, shape, and angulation can directly influence the implant 3D position and its interaction with the same variables discussed for single-unit implant-supported restorations.

4 | Conclusions

Abutment design has a direct influence on 3D implant positioning. While prosthetically driven implant planning is crucial for determining implant location, the abutment selection and its interaction with the restoration, implant, and patient's anatomy, ultimately, dictate the precise placement of the implant. Digital implant planning provides the tools to simulate this interaction, enabling accurate diagnosis, planning, and the precise transfer of the planned intervention to the patient through computer-assisted implant placement.

Conflicts of Interest

The authors declare no conflicts of interest.

Data Availability Statement

Data sharing is not applicable to this article as no new data were created or analyzed in this study.

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